

Delicious Banana and Walnut Smoothie

Meal course: Sweets for the End of Ramadan

Meal type: Vegetarian

Meal difficulty: Easy

Servings: 3

Preparation time: 10 minutes

Cooking time: -

Calories: 120 kcal

Ingredients:

100g frozen banana

50g walnuts

1 TSP natural honey

130ml almond milk

Topping: blackberry, grapes

Instructions:

1. In a blender, pour frozen banana, walnuts, natural honey, and mix well.
2. Now add the almond milk. Keep mixing until smooth.
3. Your delicious banana smoothie is ready to serve.
4. Top with some blackberry and grapes.