

## Iced Matcha Latte

Meal time: Breakfast

Meal type: Vegan

Difficulty: easy

Servings: 2

Total time: 5 minutes

### Ingredients

475ml unsweetened almond  
milk  
1/2 TSP vanilla extract  
3 bananas  
2 TSP Matcha powder

### Nutrition Facts

	Amount per serving
Calories	725
Total Fat	57.8g
Saturated Fat	50.9g
Cholesterol	0mg
Total Carbohydrate	53.9g
Dietary Fiber	13.9g
Total Sugars	29.8g
Protein	11.4g
Vitamin D	40IU
Calcium	310mg
Iron	5mg
Potassium	1374mg
Sodium	183mg

### Instructions:

1. In a high-speed blender jug, pour almond milk.
2. Add peeled bananas, matcha powder and vanilla extract.
3. Blend at high speed until all the ingredients are unified.
4. Pour in a serving glass over ice cubes.

**Notes:** To skip adding iced cubes, freeze bananas before blending. For more sweetness, add maple or agave syrup or sugar-free sweetener.